

# RESOURCES

- **Hillingdon's Adolescent Development Services (ADS)** – the ADS offer, Boys and Young Men's Programmes, Emotional Health and Wellbeing Programmes, Girls and Young Women's Programmes, Peer Leadership Programmes, Sexual Health and Wellbeing Programmes, Substance Use and Misuse Programmes - To make a referral please visit [Targeted programmes for children and adolescents - Hillingdon Council](#)
- **Hillingdon CAMHS**- provides community mental health services to children, young people up to the age of 18, with complex mental health difficulties, and their families; in a range of different ways depending on their needs. Our psychologists, psychiatrists, and therapists provide assessment and treatment packages for children, young people, and their families. Treatment may include cognitive behavioural therapy (CBT), family therapy, play therapy, individual and group psychotherapy. Medication is also used when appropriate and carefully monitored. [Hillingdon CAMHS | Hillingdon Directory](#)
- **Childhood Bereavement Network** – Children's reactions to bereavement are affected by many factors. These may be to do with who has died, how they died, what their relationship was with the person, how the family expresses their feelings, what other things are going on at the same time and whether their school and home community are supportive'. [Childhood Bereavement Network](#)
- **Child and Adolescent Bereavement Service (CABS)** – Local Resource within Hillingdon that provides specialist bereavement therapy, which addresses the social and emotional needs of bereaved children, young people, and their families/carers. They offer support to children and young people aged 4–17 years and their families, who live in the London Borough of Hillingdon. This service is available to those who have experienced bereavement or have someone close to them with a life-limiting illness. Please explore further on [Child and Adolescent Bereavement Service | Harlington Hospice](#)
- **The Traveller Movement** - advocating for and work with Gypsy, Roma and Traveller people to tackle discrimination and promote equality. Please find further information and advice at [Home | The Traveller Movement](#) .
- **Friends, Families and Travellers** - We support individuals and families with the issues that matter most to them, at the same time as working to transform systems and institutions to address the root causes of inequalities faced by Gypsy, Roma and Traveller people- [Friends, Families and Travellers \(gypsy-traveller.org\)](#)
- **Victim support** - Victim Support is here to help anyone affected by crime. [Help and support - Victim Support](#)
- **Brilliant Parents** - Brilliant Parents runs Parenting Courses supporting families across Hillingdon, working with parents to turn the experience back into something that is positive and rewarding. Brilliant Parents can offer community support for parents impacted by their child being exploited or at risk of exploitation. To make enquires - [enquiries@brilliantparents.org](mailto:enquiries@brilliantparents.org) / 020 3490 7007 and wider exploration of service - [Brilliant Parents - Local Authorities - Hillingdon | Brilliant Parents](#)
- **OT Resource** – Local resource used to engage young people , and discuss extrafamilial harm through film and reflective discussion - [thetrapuk.com/#Intro](https://thetrapuk.com/#Intro)
- **AXIS SERVICE** – Please contact [axis@hillingdon.gov.uk](mailto:axis@hillingdon.gov.uk) or call 07523 501585
- **AXIS Recommended Watchlist**

- ***Euphoria available on NOW TV and Amazon Prime*** - Euphoria is an American teen drama television series. The series follows Rue Bennett, a recovering teenage drug addict who struggles to find her place in the world and follows a group of high school students through their experiences of identity, trauma, drugs, self-harm, family, friendships, love, and sex.
  - ***Top Boy available on Netflix*** – Top Boy is a series that follows two London drug dealers play their lucrative trade at a public housing estate in East London. Top Boy is a deep depiction of what life has been like and what life continues to be like for young people.
  - ***Killed by a Rich Kid available on Channel 4*** – Killed by a Rich Kid is a documentary following the murder of a teenager in a wealthy Manchester Suburb. The documentary takes a forensic look at the killing and subsequent trial.
- **Minerva** – Young women are offered holistic, consistent support by a dedicated Minerva Keyworker meeting their individual needs over a longer period of time, empowering them to break the cycle of re-offending. Our approach is based on five principles of support - [The Minerva Approach - Advance Charity](#)
  - **Abianda** – Support as part of Rescue and Response - Rescue and Response | Abianda - supporting London young people aged up to 25 who are involved in or affected by county line activity - [Girls And Gangs | Abianda | England](#)
  - **The Violence Intervention Project** - The Violence Intervention Project works with young people up to the age of 25 who are at risk or involved in Serious Youth Violence - [The Violence Intervention Project | Supporting Young People- V.I.P \(vip.org.uk\)](#)
  - **Safer London – People Young Londoners & their families** - Specialising in Families, Education, Employment, Training, Housing Advocacy, Boys and Young Men – Harmful Sexual Behaviours, Young women and girls and Emotional Support Service - [Home Page - Safer London](#)
  - **Tiger Light for CSE - TIGER Light NWL**- Early emotional support for children and young people, aged 0-18 (and their families), who have disclosed sexual abuse. [TIGER Light NEL | Barnardo's \(barnardos.org.uk\)](#)
  - **St Giles within Northwick Park A&E** – A service that helps young people admitted to hospital as victims of serious violence. Two Case workers whom work alongside clinical staff to help steer young people away from crime and gangs, providing them with guidance and support to get their lives back on a positive path. Also offering prevention tools to reduce the risk of them becoming injured once discharged. [A&E work underway at Northwick Park - St Giles \(stgilestrust.org.uk\)](#)